



*"Access to affordable health care is a basic human necessity."*

Prepared and  
providing care, safely  
and compassionately.

That's what the Free  
Medical and Dental  
Clinic is all about.



JULY 1, 2019—JUNE 30, 2020

# Annual Report

[www.freemedicalclinic.org](http://www.freemedicalclinic.org)





# About the Free Medical and Dental Clinic

The Iowa City Free Medical and Dental Clinic (FMC) is a non-profit organization, established in 1971. We believe that access to affordable health care is a basic human necessity. We strive to provide the widest range of medical and dental services possible to people in the Iowa City and surrounding community who would not otherwise have access to care.

## Our Board of Directors

Ann Rhodes, Chair

Jean Knepper, Vice-Chair

Brad Langguth, Treasurer

Gayle Walter, Secretary

George Bergus

Jane Dohrmann

Jane Engeldinger

Marty Fields

Sherri Furman

Brandon Keese

Dave Koch

Rohit Nair

Mark Patton

Sarah Thomas

Tyeisha Washington

Rachel Young



New Reception Safety Enclosure



Socially Distant Waiting Room

## Your Support

The Free Clinic is a tax-exempt organization under section 501(c)3 of the Internal Revenue Code. The Free Clinic welcomes your financial support of our mission; your contributions are tax-deductible. For more information about the Clinic or to donate financially online, please visit [www.freemedicalclinic.org](http://www.freemedicalclinic.org). Thank you!



FMC Staff

## Our Staff

Barbara Vinograde, Executive Director  
Cecilia Norris, Medical Director  
Stacy Wilkerson, Director of Clinic Operations  
Josh Yern, Office Coordinator  
Elisa Hernandez Perez, Volunteer and Clinic Coordinator  
Mike Catney, Staff Nurse  
Gail Emmert, Pharmacy Assistant  
Marta Lopez-Vicente, Staff Physician  
Bill Riker, Clinic Assistant  
Estefany Guido Garcia, Clinic Assistant  
Peter Rohrbough, Clinic Assistant  
Jane Walker, Bookkeeper  
Whitney Tate, Lead Dental Assistant  
Arianna Block, Dental Assistant  
Lindsay Ferguson, Dental Assistant  
Kelsey Glancy, Dental Assistant  
Yolanda Jimenez, Dental Hygienist

*"I don't know what I would do if the free clinic wasn't here. They helped me with my back pain and provided several months of physical therapy. They also helped me with my allergies and with dental problems. The clinic has made a real difference in my life and I will always be thankful."*



University of Iowa rowers volunteering



# Message from Our Director

*Thank you so much for your support of the Iowa City Free Medical and Dental Clinic! Fiscal Year 2020 was another busy year at the Free Clinic – and the year certainly ended very differently from how it started!*

*From July through March, we held **six weekly medical clinics** and from **two to five weekly dental clinics**. Our many community partnerships allowed our staff and **over 250 wonderful volunteers** to provide comprehensive care for hundreds of uninsured people.*

*But at the end of March, the COVID 19 pandemic slowed us down. We stayed open but made changes in service delivery. Our Medical Director set protocols to protect our patients, volunteers and staff. We made safety improvements to our reception area and waiting room. We limited the number of volunteers, and held smaller on-site clinics. We increased our ability to serve patients safely by adding **telehealth** to our practice.*

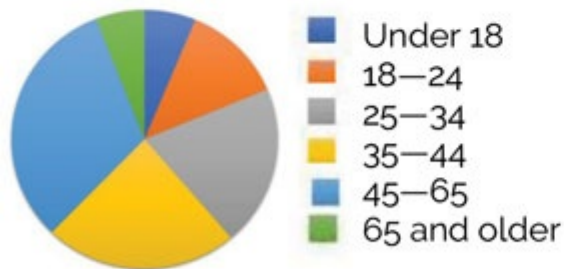
*In mid-June, we slowly began to increase the number of patients and volunteers and plan for this to continue in the coming months. We also plan for our dental clinics to resume in September.*

*The pandemic has brought many challenges-- but thanks to you, we continue to provide care for people in need. **THANK YOU** for being a part of the Clinic's important work!*

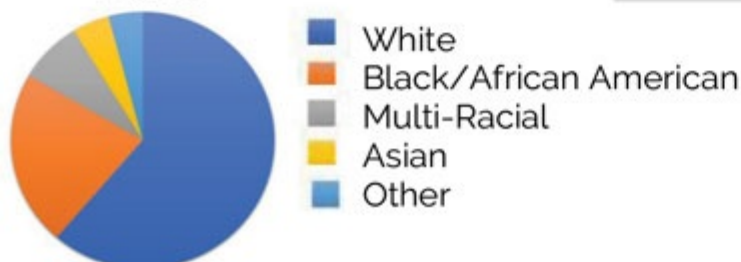
*Barbara Vinograde  
Executive Director*

## FY20 Statistics

### Age



### Race



Clients:	1,589
Visits:	6,307
Gender:	58% female, 42% male
Ethnicity:	51% Hispanic; 46% Non-Hispanic 3% No Answer
Employment:	58% employed
Insurance:	97% uninsured

74% below Federal Poverty Level;  
24% from 100–200% Federal Poverty Level

# Our Financial Report

## FY20 Income and Expenses

### INCOME:

Local Funding:	\$244,911
Contributions:	\$104,804
Fundraising:	\$121,339
Grants:	\$192,264
Other	\$6,153
<b>Total Income:</b>	<b>\$669,471</b>

### EXPENSES:

Clinic Operations:	\$159,374
Payroll:	\$415,384
Fundraising:	\$4,776
<b>Total Expenses:</b>	<b>\$579,534</b>

## Revenue Over Expenses: \$89,937

In-kind services through partnerships with UIHC, Mercy Radiology, Steindler Orthopedic Clinic and the Iowa Department of Public Health allowed us to provide patients with over 1.5 million dollars of services, including labs, medications, and radiology procedures. In addition, volunteers donated over 6,000 hours of services.

FY21 brings many unknowns, and we are more grateful than ever for all of our support!

The Iowa City Free Medical and Dental Clinic ended FY20 with a positive operating margin of \$89,937.

While the COVID-19 pandemic significantly impacted Clinic operations, we were fortunate to receive grant funding to maintain services, including monies through the SBA Payroll Protection Program. As a result, our FY20 revenue over expenses was higher than expected.

We received strong local funding support from Johnson County, the United Way of Johnson and Washington Counties, as well as from the Cities of Iowa City, Coralville and North Liberty.

Several of our annual fundraisers were cancelled this year, including our signature event *Friday After Clinic*. But our very generous community, our holiday appeal letter and several other fundraisers generated needed revenue.

Grant support through the Community Foundation of Johnson County, the AMA Foundation, the Holthues Foundation, the Savin Foundation, Free Clinics of Iowa and an anonymous donor also provided funding for patient services.

*"Thanks to this Clinic, I feel I have a new start. I now have the medicine I need to control my blood pressure and my blood sugar. And I feel so much better and have started working again. None of this would have been possible without your help!"*

# Our Service Highlights

In FY20, **1,589 patients** received comprehensive medical and dental care during 6,307 clinic visits.

Over 250 incredible volunteers donated thousands of hours of service to the Clinic! Throughout the year, physicians, nurse practitioners, dentists, hygienists, nurses, medical and dental students, pharmacists, lab technicians, interpreters, receptionists and patient guides shared their time and skills – and made our work possible!

Over 60% of FMC patients were diagnosed with at least one **chronic health condition**, in particular diabetes or hypertension. Patients were enrolled in the Case Management Program and received treatment throughout the year. Health outcome indicators such as blood pressure management and glucose control were monitored and evaluated. In FY20, 356 patients were enrolled in this Program.



Through our partnerships with Johnson County Public Health and grant funding through the American Medical Association Foundation, patients diagnosed with **diabetes and pre-diabetes** received year-round education and support from our **bilingual** Community Health Educator. In March, she and clinic staff were invited to present information about our educational program at the 2019 Annual Iowa Diabetes and Wellness Summit in Ankeny, Iowa.




The FMC provided **dental care** to 175 patients in FY20, during 315 dental visits. Patients received exams, x-rays, treatment plans, fillings, extractions and hygiene. The FMC's partnership with Healthy Kids School Based Clinics helped to ensure that children were among those patients served.

Dental services were added to the clinic's scope of care in 1997, thanks to the vision and compassion of Dr. Brad Stiles and Dr. Dick Parrott. Both were committed to the clinic's

mission throughout their lives. Over the past several years, Dr. Stiles served as the clinic's consultant, and helped make significant improvements to overall dental operations. Dr. Stiles passed away in November 2019 and he is greatly missed.

We honor the memory and work of both founders and have renamed our dental clinic the Parrott-Stiles Free Dental Clinic.



*“Thank you for always being there. You are all very special people with a special gift.”*

In addition to acute and chronic disease clinics, **specialty care clinics** were held throughout the year, including dermatology, gynecology, ophthalmology and physical therapy. Thanks to our partnership with UIHC Family Medicine, we also held weekly prenatal and post-partum clinics. We also added a new specialty clinic this year – rheumatology.

Grant funding through an anonymous donor and our partnership with the UI College of Nursing supported our 3rd year of **weekly Nurse Practitioner Clinics**.

To safely serve as many patients as possible during the COVID-19 pandemic, the FMC is now providing some patient care via **telehealth**. The program allows for up to 5 participants to be online together at each virtual clinic appointment, including the provider, interpreter, student examiner, and volunteer pharmacist. Telehealth services are provided on the clinic's lower level as well as on the main floor.

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## FY20 Donors

Gifts of \$100 and higher

\*\*Although *Friday After Clinic* was not held this year, these businesses agreed to serve as event sponsors

The Clinic has also received many thoughtful and generous gifts in memoriam, which have not been listed here for reasons of privacy.

We have made every effort to accurately list our donors; please contact the Clinic if we have made an error.

### \$10,000 or more

Anonymous

Hills Bank and Trust Company

Lyckholm, Laurie and Edmond, Michael

*“I wonder sometimes if people really know how much you help us. I get my medication that saves my life, my labs, my checkups, my flu shot. You are all so kind and I can tell that you really mean it. It just isn't something I think people realize enough. Everyone should support this place if they can!”*

## **\$5,000 - \$9,999**

### **\*\*GreenState Credit Union**

Rorex, Robert

St. Andrew Presbyterian Church

Tomasini, Wallace

## **\$2,500 - \$4,999**

Caplan Family Foundation

Schwab, Dick and Burford, Katherine

### **\*\*Steindler Orthopedic Clinic, P.L.C.**

Unitarian Universalist Society

## **\$1,000 - \$2,499**

### **\*\*Advanced Dentistry**

Andronowitz, Judith

Atkinson, Kendall and Alice

Boes, Aaron and Stephanie

### **\*\*Bradley and Riley Law Firm**

Broderick, Ann

### **\*\*Brown Street Inn**

Byler, Peter and Meghan

Champion, Craig and Connie

Clark, Robert and Rebecca

Davidson, Jay and Beverly

Engeldinger, Jane and O'Hara, Michael

Engelhardt, Margaret

France, Nona

### **\*\*Hands Jewelers**

Happel, Jay

The Haunted Bookshop

### **\*\*Hodge Construction Company**

Iowa City AM Rotary

Jackson, Robert and Mary Nell

Kleiber, Charmaine

Kristof-Brown, Amy

Larson, Scott

Lawler, Judd

Leary, Daniel and Martin, Janine

### **\*\*Lensing Funeral Services**

Lewis, Sylvia and Carr, Al

Mark, Allyn

Mehegan, John and Geyer, Pamela

Merryman, Don

Morcuende, Jose and Gonzalez, Ulpiana

Nowak, Art and Ginger

Oakland, Daniel

### **\*\*OPN Architects**

Ovrom, Fred and Connolly, Maureen

Perkins, Richard and Nancy

Pratt, Jim and Mary

Rhodes, Ann and Miller, Steven

Salemink, James

Schlechte, Janet

Showers, Ann and Jeremy

Spitzer, Jean and John

Sproule, Sara and Steve

### **\*\*Toyota Scion of Iowa City**

UIHC Department of Neurology

UIHC Department of Oral Pathology,

Radiology and Medicine

### **\*\*University District Dental Society**

Vandenberg, Byron and Anne

Waterhouse, Janette

Welsh, Michael and Anne

Winter, Kirsten

Yowell, Glenn

## **\$500 - \$999**

808 on 5th

Abraham, Molly and Walz, David

Allen, Charles and Judith

Angerer, Kent and Loretta

Bellomy, Christine

Benson, John and Patricia

Bergus, George and Rebecca

Burma, Molly and Wilson, Mike

Burnside, Anne

Cadoret, Jeanne

Catney, Mike and Chris

Chang, Phyllis

Choo, Chunghi

Congregational Church of Christ



## **\$500 - \$999 (cont.)**

Dohrmann, Jane and Anderson, Don  
Downing, Kathia  
Felder, Judith  
Ferroni, Kelly and Matthew  
First United Methodist Church  
Flake, Steve  
Furman, Sherri  
Gall, Meredith  
George's Buffet  
Granner, Daryl and Nancy  
Hegeman, Becky and Bob  
Houseworks  
Jensen, Dexter  
Johlin, Frederick and Beverly  
Johnson, Lisa and Hans  
Kessler, Sandy  
Kiely, Mike and Susan  
Knox, Audrey and Jeff  
Kuehn, Carly

Levin, Avraham  
Longhurst, Don and Sue  
Lynch, Nancy  
McGregor, Karla and Wilson, Jonathan  
Mendoza-Shelton, Sarah  
Norris, Cecilia and Andrew  
Palasek, William and Barbara  
Perino, Ann  
Ponto, Laura  
RPC Charitable Foundation  
Smollen, Meg  
Suda, Debra  
Thomas, Christie and Sarah  
Walker, Kent and Leisa  
Wall, Susan and Michael  
Wallace, Pete and Kathy  
Wilson, Mark  
Wolken, Steve and Sue

## **\$250 - \$499**

Anstreicher, Kurt and Van Voorhis, Jane  
Arpey, Chris and Diana  
Beeghly, James and Farrell, Helen  
Birla, Puja  
Brenner, Doug  
Burton, Richard and Ann  
Corbin, Karen  
Martin Diaz Law Firm  
Dierks, David  
Ervin, Shawn  
Fields, Marty  
Geragotelis, Jeremy  
Gomez, Mark and Chong, Patricia  
Grady, Tim  
Harms, Karl  
Hoppin, Marge  
Huber, Leslie  
Johnson, Susan  
Joy, Susan  
Kenne, Lynette  
Kittrell, Tracy  
Klink, William and Judith  
Kramer, John and Friedman, Jan  
Krug, David  
Krumbholz, Stephen and Dianne  
Lehmann, Kirk

Link, Tony and Jeannie  
Luhman, Lowell and Joan  
Lutgendorf, Susan  
Michael, Robert  
Miranda, Johann  
Mullen, Ken and Christine  
Nichols, Russell and Kristy  
Oasis Falafel  
Payne, Brenda and Harberts, Rich  
Perry Foundation  
Powers, Jason  
Rath, Kathy  
Reed, Chuck  
Richardson, Sarah  
Sato, Yutaka and Rebecca  
Scheels  
Scholz, Jill and David  
Scott, Jo  
Shirazi, Siroos  
Sivitz, William and Karen  
Strohmer, Gerhard  
University of Iowa College of Dentistry  
Verlo, Denise  
Wallace, Bob and Maureen  
Wicklund, Gary and La Donna

## \$100 - \$249

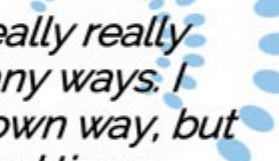
Abbas, Janet and Paul  
Abel, Dean  
Aggarwal Family Fund  
Alibasic, Amra  
Allaire, Doug  
Andrews, Marcia  
Bauer, Patrick and Luzzie, Christine  
Beaumont, Barbara  
Behrendt, Doug and Linda  
Bissell, Daniel  
Bloesch, David and Hanson  
Boerner, Carolyn  
Bouska, Carol  
Braverman, Richard  
Brown, Catherine  
Brown, Greg and DeMent, Iris  
Bunting, Vickie  
Burchfield, Robert  
Café Taim  
Campion, Daniel  
Cilek, Mike and Judy  
Clark, Marian  
Clothier, Elizabeth  
Clougherty, Jennifer  
Cole, Catherine  
Colloton, John and Mary Anne  
Conger, James  
Cook, Casey and Gfeller, Kate  
Cretzmeyer, Margaret  
Croco, Janet  
Cummins, Laurie  
Curley, Michael and Pat  
Curran, Vicki  
Dameron, Graham and Maggie  
Dodge, Brenda  
Durian, Kelly  
Durkee, Michael  
Dyson, Richard  
Elson, Marygrace and Schroeder, Don  
Falconer, Joan  
Farinelli, Catherine  
Fiala, Joy  
First Christian Church Disciples of Christ  
Fowles, Don and Dorothy  
Frankel, Anne and Joe  
Frisch, Lu Ann  
Furlong, Bill and Meg  
Gallagher, Mary  
Garmager, Kirk and Ann

Gellhaus, Tom and Melanie  
Glasson, Matthew  
Gloria Dei Women of the ELCA  
Goldenstein, Jeff and Ingrid  
Goldstein, Helen  
Grant, John and Mary Lynn  
Green, Archie  
Grey, Joanne  
Hand, Jed and Patricia  
Hannen, Deborah  
Harrington, Tom and Susan  
Harris, Shannon  
Haugland, Ann  
Hendershot, Judy  
Hesse, Chuck and Anne  
Hines, Bill and Jean  
Hippee, Connie and Charles  
Hisel, Samuel  
Hodgden, Lorri  
Hoefer, Mary  
Hopkins, Linda and Nathan  
Hopson, James  
Houghton, Jim and Judy  
Jacobsen, James  
Jacoby, Charles and Ohrt, H. Jule  
Johnson, Cheryl  
Johnson, Jennifer  
Johnson, Nicholas  
Judge-Ellis, Tess  
Juvan, Frank and Judy  
Karr, Kelsey  
Kennedy, Lynnette  
Kent, Kristen  
Kerber, Linda and Richard  
Kinney, Jane  
Kirkdorffer, Lucas  
Kunz, Chelsea  
Lauderbaugh, Arnold and Verlee  
Lancial, Lynette  
Laughlin, Mary and Swartz, Roger  
Lehmann, Brian and Susan  
Lembke, Val and Lois  
Lensing, Michael  
Longwell, Abigail  
Love, Bonnie and Bowman, Wayne  
Lynch, Chuck and Karen  
MacKay, Margaret  
Manuel, David and Susan  
Maxwell John  
McCue, Jim and Mary

## **\$100 - \$249 (cont.)**

McCue, Maureen and Rachow, John  
McGrath, Jessica  
McPartland, Jim  
Mears, Julia and Philip  
Mellon, Sharon  
Menezes, Arnold and Meenal  
Miller, Jennifer and Gwilliam, Dai  
Miller, Randy and Lora  
Minot, George and Deb  
Moeller, Audrey  
Monroe, Ashley  
Montross, Richard and Barbara  
Mraz, Royann  
Mullen, Meredith  
Murray, Sally  
Myers, Dick and Doris  
Nassen, Ansuya  
Nelson, Margaret and Ted  
Ney, Barbara and Brock, Daniel  
Niebyl, Jennifer  
Norton, Carrie  
Novick, Naomi  
Olin Jr., William  
Olthoff, Nancy and Harry  
Osweiler, Thomas  
Patton, Mark  
Perrin, Marlene  
Perrinjaquet, PJ  
Peterson, Barb and Phil  
Phadke, Sneba  
Porch, Roscoe and Carol  
Poulakos, Carolyn  
Pruessner, Jonathan and Beth  
Randak, Christoph and Leigh Ann  
Rettig, Janelle and Butler, Robin  
Robinson, Jennifer and Muellerleile, Michael  
Rubenstein, Peter and Linda  
Rummelhart, John and Kristen  
Salisbury, Dee  
Scheckel, Stephen  
Schoelerman, Deb and Pomrehn, Paul  
Segre, Lisa and Alberto  
Seigley, Lynette  
Smith, Sharon  
Sorensen, Travis Robert  
Soride, Eric and Laura  
Southard, Thomas and Karin  
Spaziani, Carol  
Stafford, Haraldine

Stanley, Corinne  
Stratton, John and Elizabeth  
Syed, Nasreen  
Thayer, Keith and Nancy  
Thompson, Edythe  
Twinam, Ellen Irene  
Van Dyke, Don and Su, Honguin  
Vergrove, Mary Beth  
Vinograde, Barbara  
Walch, Timothy and Victoria  
Waldron, Timothy  
Walton, Rich and Laura  
Warkentin, Gretchen  
Weiss, Jerry and Rauh, Louise  
Wernimont, Sarah  
Westwood, Jacob  
Wieland, Ronnye and Dennis  
Williams, Vincent and Verla  
Wolfe, Steven and Jean  
Wolfson, Sherwood and Sara  
Zeitler, Rodney and Deborah  
Zhu, Daming  
Ziegenhorn, Lori and Bouschlicher, Murray  
Ziegler, Ekhard and Wendy



*"This clinic has really really helped me in many ways. I want to pay my own way, but I've had some hard times – and every time I come here, I am treated so well and the care is so good. And I never feel like it's my fault that I can't afford my medicines. You are such good people – thank you".*

*"We haven't been to a dentist for a long time. Not something we are proud of, but it's just too expensive. And when we saved enough to go, something else came up that we needed to spend the money on. We both thank you for the dental services you provide – and we hope that you know how much your clinic means."*