

ANNUAL REPORT

IOWA CITY FREE MEDICAL AND DENTAL CLINIC

JULY 1, 2015 – JUNE 30, 2016



Our Mission:

“The Free Clinic provides quality, comprehensive medical and dental care for the uninsured and underinsured in Johnson County and surrounding areas.”



Friday After Clinic Fundraiser

info@freemedicalclinic.org

www.freemedicalclinic.org

319-337-4459 (phone)

319-341-0054 (fax)



Message from the Director

Barbara Vinograde

Recently, one of our patients wrote, “Please don’t get tired of helping the poor who are in need of medical care. You don’t know how much good you are doing.”

Although progress has been made under the ACA, access to affordable healthcare remains out of reach for many people. Daily, Free Clinic staff members receive calls from individuals diagnosed with diabetes, hypertension and other chronic medical conditions who need our services. Dental care, eye exams, specialty care and medication assistance are also in high demand.

In Fiscal Year 2016, during 5,138 clinic visits 1,740 patients received exams, laboratory testing, medications, radiology procedures (mammography, ultrasounds and orthopedic x-rays) and specialty care such as ophthalmology, dermatology, gynecology, and physical therapy. Dental patients received treatment plans, x-rays, fillings, extractions and hygiene. Vouchers to purchase eye glasses and assist with medications costs were provided. Patients also received information about ACA health insurance coverage options and Marketplace enrollment assistance from Johnson County’s Federal Navigator.

This year, the Free Clinic celebrates **45 years of service** to and with the community.

THANK YOU for your compassionate and generous support!



Dental Clinic



Chronic Disease Clinic

FY16 Service Highlights

- The Free Clinic served as a medical home for hundreds of people diagnosed with chronic health conditions, including 415 patients with hypertension and/or diabetes. During FY16, 77% of patients with hypertension maintained their goal blood pressure and 47% of patients with diabetes improved their glucose control.
- This past spring, digital radiography replaced film-based x-ray processing in the Free Dental Clinic. Digital radiography assures dental care at the Free Clinic is more aligned with the current standards of diagnosis and treatment.
- Last fall the clinic received grant funding through the Community Foundation of Johnson County to hire a part-time dental hygienist for the first time. This successful partnership resulted in a 140% increase in the number of hygiene appointments at the Clinic from the previous year.
- Grant funding through the Iowa Department of Public Health allowed for the production of a 10 minute video in Spanish, “Preventing Type II Diabetes among Hispanic/Latino Populations”. We plan to share the video with other Free Clinics in Iowa.
- Over 200 community volunteers from a wide range of disciplines donated their time and skills during 6,041 hours! Due to increasing numbers of French speaking patients in need of care, French interpreters joined the Clinic’s many volunteers.



College of Public Health Volunteers



Pharmacy Volunteer

Financial Report

The financial performance at the Free Clinic during Fiscal Year 2016 was strong.

The United Way, Johnson County, Cities of Iowa City and Coralville, Mercy Hospital and Hills Bank and Trust provided generous local funding support.

The Clinic received grant support from the Community Foundation of Johnson County, Johnson County Public Health, Noon Lions Club, Altrusa International, Perry Foundation, Kinsey Family Foundation, ACT Corporate Giving, Rockwell Collins, the Savin Foundation, St. Andrew's Presbyterian Church, Iowa Primary Care Association and the Thoracic Foundation.

Fundraising and contributions were also important sources of support. The Free Clinic's signature event, "Friday After Clinic", generated \$18,500 after expenses. Additional funding was received through "Doc Dash", "Trick or Treat for Free Med", "Rummage in the Ramp" and the annual holiday appeal letter.

Fiscal Year 2016 Income and Expenses

Income

<i>Local Funding</i>	<i>\$ 235,000</i>
<i>Contributions</i>	<i>\$ 47,591</i>
<i>Fundraising</i>	<i>\$ 119,223</i>
<i>Grants</i>	<i>\$ 72,382</i>
<i>Other</i>	<i>\$ 9,287</i>
Total Income	\$ 483,483

Expenses

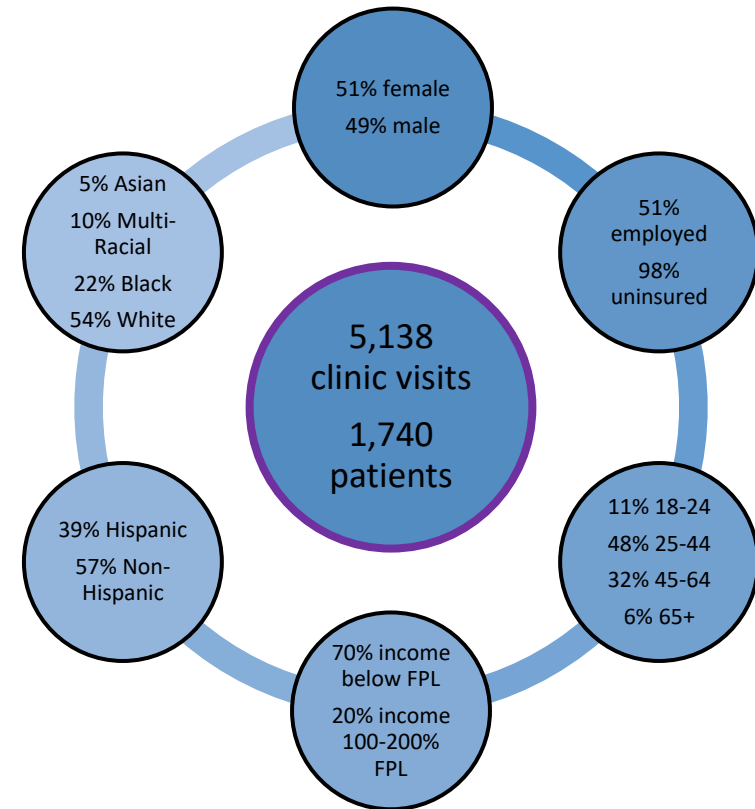
<i>Clinic Operations</i>	<i>\$ 96,088</i>
<i>Payroll</i>	<i>\$ 314,833</i>
<i>Fundraising</i>	<i>\$ 8,644</i>
<i>Mortgage</i>	<i>\$ 19,768</i>
Total Expenses	\$ 429,943
 Net Income	 \$ 53,540

Patient Demographics FY2016

The Iowa City Free Medical and Dental Clinic serves a diverse, low income and vulnerable population.

In Fiscal Year 2016, 98% were uninsured or under-insured. 51% of patients were employed. 39% identified as Hispanic. 22% identified as Black. 70% reported household incomes below the Federal Poverty Level (FPL).

Johnson County's 2016-2020 Health Improvement Plan found that 17.2 % of residents had household incomes below the FPL. Of these, 41.5% were Black/African American and 21% were Hispanic/Latino.



FISCAL YEAR 2016 DONORS

Gifts of \$100 and higher

**** Friday After Clinic Sponsor**

\$10,000 or more

Hills Bank and Trust Company
Mercy Hospital
Schultz, Dale and Silliman, Emily

\$5,000 - \$9,999

Tewfik, Hamed and Ferial

\$2,500 - \$4,999

Corridor Endodontics, PC **

Oakland, Daniel
St. Andrew Presbyterian Church
Steindler Orthopedic Clinic **
U of I Community Credit Union

\$1,000 - \$2,499

Abboud, Doris and Francois
Anonymous
Apex Contraction
Bradley & Riley, PC **
Broderick, Ann
Caplan Family Foundation
Coldren Fund for the Elderly
Edwards, Jeffrey
Felder, Judith
The Haunted Bookshop
Houseworks
Iowa City Host Noon Lions Club
Kinsey, Kenneth
Kleiber, Charmaine and Paul
Lensing Funeral and Cremation Service**
Meardon-Orvis, Aimee and Jeff
Mehegan, John and Geyer, Pamela
Mendoza-Shelton, Sarah
Merryman, Don
Midwest One Bank

"I believe that when you keep doing your genuine good services to those in need, it will come back to you and to people you love. We work hard but can't afford our healthcare. We're doing ok today because of your help"

FMC patient

O'Meara, Brian
Ovrom, Fred and Connolly, Maureen
Palesek, William and Barbara
Perkins, Richard and Nancy
Poulakos, Carolyn
Rockwell Collins **
Rohrbach Associates PC **
Salemink, James
Schlechte, Janet
Schuster, Chris and Moe, Josh
Showers, Ann and Jeremy
St. Mary's Catholic Church
Towncrest Dental **
Toyota Scion of Iowa City **
Unitarian Universalist Society
University District Dental Society **
Westefeld, John and Liddell, Deb
White, Matthew and Katherine

\$500 - \$999

Abraham, Molly and Walz, David
Allen, Charles and Judith
Altrusa International of Iowa City
Atkinson, Kendall and Alice
AW Welt Ambrisco **
Bellomy, Christine
Bianco, Lisa
Bouska, Carol
Brooks, Bob and Ruggeberg, Mark
Brown Street Inn **
Byler, Peter and Meghan
Champion, Craig and Connie
Chang, Phyllis
Clark, Kathy and Valentine, Richard
Dohrmann, Jane
Engeldinger, Jane and O'Hara, Michael
Fields, Marty
First United Methodist Church
Furman, Sherri
Hegeman, Becky and Bob
Hempy, Tally and Van Roekel, David
Hunsicker, Larry and Carol
Iowa City Dental Wives
Jensen, Dexter
Kenne, Lynette
Knox, Jeff and Audrey
Kristof-Brown, Amy
Longwell, Abigail
Lyckholm, Laurie
Lynch, Nancy
Mark, Allyn
McGrath, Jessica
Mercy Towncrest Internal Medicine**
Moreno, Edward and Carol
Nicholson, Katharine
Norris, Cecilia and Andrew
Olthoff, Nancy and Harry
Perino, Ann
Pratt, Jim and Marty

River City Dental Care **

RPC Charitable Foundation

Sanctuary Community Church **

Scheels
Smith, Christopher
Smollen, Meg
Sproule, Steve and Sara
Thomas, Christie and Sarah
Wilson, Mark
Wright, Ben
Ziegenhorn, Lori and Bouschlicher, Murray

"The Free Clinic is invaluable for so many people in the community. I for one am immeasurably grateful. Without it, I couldn't afford to get the care I need."

FMC patient

"The number of patients we see going in and out of the Clinic is just amazing. Hopefully the healthcare system will get straightened out one of these days – the Clinic has been so helpful to us"

FMC patient

\$250 - \$499

Brenner, Doug
Burma, Molly and Wilson, Mike
Burton, Richard and Ann
Cadoret, Jeanne
Carsner, Tom
Catalano Household
Catney, Mike and Chris
Conger, James
Croscheck, George and Gina
Crossett, Judith
Elson, Marygrace and Schroeder, Don
Flemming, Andrea
Grady, Tim
Granner, Daryl and Nancy
Happel, Jay
Hopkins, Linda and Nathan
Iowa City Federation of Labor
Johnson County Dental Society
Johnson, Lisa and Hans
Klink, William and Judith
Krug, David
Link, Tony and Jeannie
Luhman, Lowell and Joan
Mellon, Sharon
Moen, Monica
Newman Catholic Student Center
Peterson, Barb and Phil
Ponto, Laura
Robinson, Jennifer and Muellerleile, Michael
Schwinn, Debra
Sivitz, William and Karen
Strohmer, Gerhard
Thayer, David and Judy
Vlastos, Stephen and Rasmussen, Mary Ann
Waldron, Timothy
Walton, Rick and Laura
Wolken, Stephen
Woodhead, Jerold and Andrea

*“To all of you who
give your time –
you are a blessing
to our family more
than you could ever
know”*

FMC patient

*“My mother and I are
trying our best to find
jobs but being an
immigrant it’s not
easy. Our budget for
basic needs is already
difficult and we can’t
pay medical expenses.
The Free Clinic helped
us with kind, warm
and great staff. Please
don’t get tired of
helping the poor who
are in need of medical
care. You don’t know
how much good you
are doing”*

FMC patient

\$100 - \$249

Abbas, Janet and Paul
Abel, Dean
Adams, Scott and Andrea
Allaire Household
Anderson, Eric and Catherine
Andrews, Marcia
Arpey, Chris and Diana
Barloon, Julie and Dave
Barnes, Nancy
Bauer, Patrick and Lizzie, Christine
Beeghly, James and Farrell, Helen
Benevity Community Impact Fund
Bergus, George and Rebecca
Bloesch, David and Hanson
Bolkcom, Joe
Boyd, Sandy and Susan
Boysen, David
Buchanan, John and Ellen
Bunting, Vickie
Burke, Kay
Burkholder, Nancy
Cadwallader-Howe, Jane
Campion, Dan
Cannon, Carolyn
Carroll, Charles and Geist, Lois
Christ the King Lutheran Church
Clausen, Darlene
Coldwell Bankers Real Estate
Colloton, John and Mary Ann
Connors, Ann and Fesenmeyer, Thomas
Coral West Dental
Corbin, Karen and Cahill, Kathleen
Cox, Dorothy
Cretzmeyer, Margaret
Curley, Michael and Pat
Curran, Vicki
Dai, Wugen
Dameron, Graham and Maggie
Dierks, David

Durian, Kelly
Elliott, Bob and Maggie
Ettinger, Ronald and Sonia
Finley, Beau
France, Nona
Frisch, Lu Ann
Furlong, Bill and Meg
Garmager, Kirk and Ann
Gauger, Elizabeth
Gellhaus, Tom and Melanie
Gilroy, John and Mary
Glasson, Matthew
Goldstein, Helen
Grant, John and Mary Lynn
Grey, Joanne
Hand, Jed and Patricia
Harris, Shannon
Haugland, Ann
Hawkins, Benny and Marie
Hirsch, Mary
Hoefler, Mary
Houghton, Jim and Judy
Hovland, Michael and Jones, Nancy
Hubel, Kenn and Jan
Jacobs, Kathy
Jakobsen, James and Jane
Johnson, Susan
Joy, Susan
Judge, Anne
Kambhu, Peter
Kikendall, James and Kathleen
Lainson, Phillip and Mary Margaret
Lancial, Lynette
Lauderbaugh, Arnold and Verlee
Laughlin, Mary and Swartz, Roger
Lembke, Val and Lois
Lentz, Steven
Lewis, Sylvia and Carr, Al
Lidral, Andrew and Jama
Liskin-Gasparo, Judith

Lutgendorf, Susan
Lynch, Chuck and Karen
MacKay, Margaret
Majusiak, James
Martin Diaz Law Firm
Maxwell, John and Kathy
McCue, Jim and Mary
McCue, Maureen and Rachow, John
Menezes, Arnold and Meenal
Merchant, James and Mary
Michael, Robert
Miller, Deanna
Miller, Jennifer and Gwilliam, Dai
Miller-Todd, Richard and Kathrine
Minot, George and Deb
Mitros, Frank and Maloney-Mitros, Monica
Moeller, Audrey
Mullen, Ken
Nelson, Margaret and Ted
New Song Episcopal Church
Nichols, Russell and Kristy
Nicknish, Thomas and Barbara
Novak, Tom and Wolf-Novak, Louise
Novick, Naomi
Olin Jr., William
Osweiler, Thomas
Perrin, Marlene
Price, Steven
Randak, Christoph and Leigh Ann
Reed, Chuck
Rodenburg, Jeffery and Michelle
Romine, Nancy
Ruprecht, Axel and Barbara
Sandler, Jayne and Mark
Schulze, Konrad
Schuster, Pat and Steve
Seigley, Lynette
Shirazi, Siroos
Silander, Aaron
Smith, Sharon
Solursh, Vicki

Southard, Thomas and Karin
Stanley, Corinne
Stratton, John and Elizabeth
Sullivan, Tina
Syed, Nasreen
Thomas, Carol
Walch, Timothy and Victoria
Walker, Joey
Wallace, Bob and Maureen
Wallace, Pete and Kathy
Walters, Jim and Christine
Warkentin, Gretchen
Watson, Dick
Wicklund, Gary and La Donna
Wieland, Ronnye and Dennis
Witzke, Karen
Wolfe, Steven and Jean
Wolfson, Sherwood and Sara
Wolter, Michelle
Wong, The-Hwa
Wright, Trudy
Yunker, Joseph
Zeitler, Rodney and Deborah

"I would like to say thank you to all staff and to everyone who supports the Clinic. I hope one day to be a volunteer in this amazing place"

FMC patient

HOW YOU CAN HELP

Annual Holiday Letter

Memorial Gifts

Automatic Monthly Donations

Cash Gifts through PayPal on our Website

Fundraising Events

for additional information, please contact the Clinic at 319-337-9727

The Free Clinic is a tax-exempt organization under section 501(c) (3) of the Internal Revenue Code.

The Free Clinic welcomes your financial support of our mission; your contributions are tax deductible.



Board Members Sherri and Brandon taking a break at Rummage in the Ramp



Barbara welcoming the crowd at **Friday After Clinic**

Iowa City Free Clinic Board of Directors

John Westefeld, Chair
Brad Langguth, Vice-Chair
Brandon Keese, Treasurer
Linda Kopping, Secretary
Doug Beardsley
Jane Dohrmann
Jane Engeldinger
Marty Fields

Sherri Furman
Ann Haugland
John Heineman
Richard Perkins
Chris Schuster
Louise Wolf-Novak
Joseph Younker



Iowa City Free Clinic Staff

Barbara Vinograde, Executive Director
Cecilia Norris, Medical Director
Stacy Wilkerson, Director of Clinic Operations
Jennifer Beltran, Clinic and Volunteer Manager
Nolan Schneider, Office Coordinator
Gail Emmert, Pharmacy Assistant

Mike Catney, Staff Nurse
Jane Walker, Bookkeeper
Bill Riker, Clinic Assistant
Whitney Tate, Dental Assistant
Jill Babor, Dental Assistant
Stacy Jones, Dental Hygienist



Stacy and Jennifer



Mike and Bill



***Iowa City Free Medical and Dental Clinic
1971 – 2016***

***CELEBRATING 45 YEARS OF SERVICE
TO AND WITH THE COMMUNITY***

THANK YOU FOR YOUR SUPPORT!!