

Iowa City Free Medical and Dental Clinic
2440 Towncrest Drive
Iowa City, IA 52240

ANNUAL REPORT

IOWA CITY FREE MEDICAL AND DENTAL CLINIC
JULY 1, 2016 – JUNE 30, 2017



Our Mission:

“The Free Clinic provides quality, comprehensive medical and dental care for the uninsured and underinsured in Johnson County and surrounding areas.”

info@freemedicalclinic.org

www.freemedicalclinic.org

319-337-4459 (phone)

319-341-0054 (fax)



Message from the Director

Barbara Vinograde

In 1966, Dr. Martin Luther King Jr. stated that “of all the forms of inequality, injustice in health care is the most shocking and inhumane.”

Your generous and compassionate support of the Iowa City Free Clinic played a vital role in countering this far too prevalent injustice. ***Thank you for making our community a healthier place to live for hundreds of people.***

In Fiscal Year 2017, Free Clinic staff and volunteers provided medical and dental services for 1,656 uninsured and underinsured individuals. While the Clinic served a diverse population, they all shared the challenge of access to affordable care.

Many patients needed our help with chronic medical conditions, especially diabetes and heart disease. Many needed dental services and other specialty care, including ophthalmology and dermatology. Many were unable to afford essential medications.

Thank you for your partnership in keeping the Clinic’s mission strong and for making a difference in the lives of many people in the community. As one of our patients wrote, “You’ve given me a chance to live a better life. There are no words to express how thankful I am!”



Medical Clinic



Dental Clinic

FY17 Service Highlights

- Grant funding through the Iowa Department of Public Health provided Free Clinic patients diagnosed with pre-diabetes an opportunity to participate the National Diabetes Prevention Program, through Mercy Iowa City’s Diabetic Education Department. Classes for this nationally recognized year-long program will begin this fall.
- Since dental services were added to the Free Clinic’s scope of care in 1997, appointments have primarily been for adults. In May 2017, through a partnership with the Iowa City Healthy Kids School Clinics, a 6 week Pediatric Dental Clinic was piloted; 27 students received exams. The Pediatric Dental Clinic will resume in September.
- 420 patients diagnosed with diabetes and/or hypertension were enrolled in the Clinic’s Case Management Program in FY17. Patients received quarterly exam, medications, labs, education and specialty care. Health outcome measures were monitored, including glucose control and blood pressure management.
- The Clinic served immigrants from many countries in need of assistance. Our waiting room was often filled with people speaking many language, including Spanish, French, Hindi, Arabic and Nepalese.
- Procter and Gamble grant funding provided insulin, glucometers and testing strips to patients who would otherwise go without them. These supplies allowed patients to better monitor blood glucose levels and to reduce the risk of common diabetic complications such as blindness, neuropathy and cardiovascular problems.



Free Clinic Volunteers

Financial Report

The Free Clinic ended Fiscal Year 2017 with a net income of \$67,804.

Local funding received through the United Way, Johnson County and the Cities of Iowa City and Coralville significantly offset Clinic operating expenses and enabled staff to propose new programs and acquire additional funding and in-kind services for the provision of direct patient care.

Grant funding was acquired from the Community Foundation of Johnson County, Procter and Gamble, Mercy Hospital, Iowa Primary Care Association, St. Andrew Presbyterian Church, Rockwell Collins, Iowa Department of Public Health, Noon Lions Club and Old Capitol Kiwanis.

Fundraising, including the Clinic's signature event, *Friday After Clinic*, Doc Dash, Trick or Treat for Free Med, Rummage in the Ramp and the annual holiday appeal letter also generated needed income.

Total in-kind services of over \$1,200,000 were received in Fiscal Year 2017, including volunteer hours, laboratory services, radiology procedures, medications and medical supplies.

Fiscal Year 2017 Income and Expenses

Income

<i>Local Funding</i>	<i>\$ 226,750</i>
<i>Contributions</i>	<i>\$ 55,768</i>
<i>Fundraising</i>	<i>\$ 130,358</i>
<i>Grants</i>	<i>\$ 62,693</i>
<i>Other</i>	<i>\$ 19,395</i>
<i>Total Income</i>	<i>\$ 494,964</i>

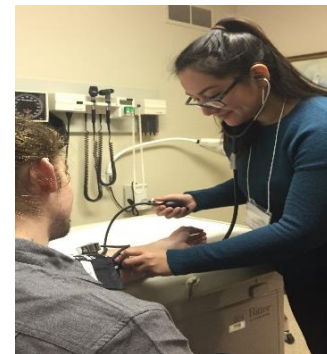
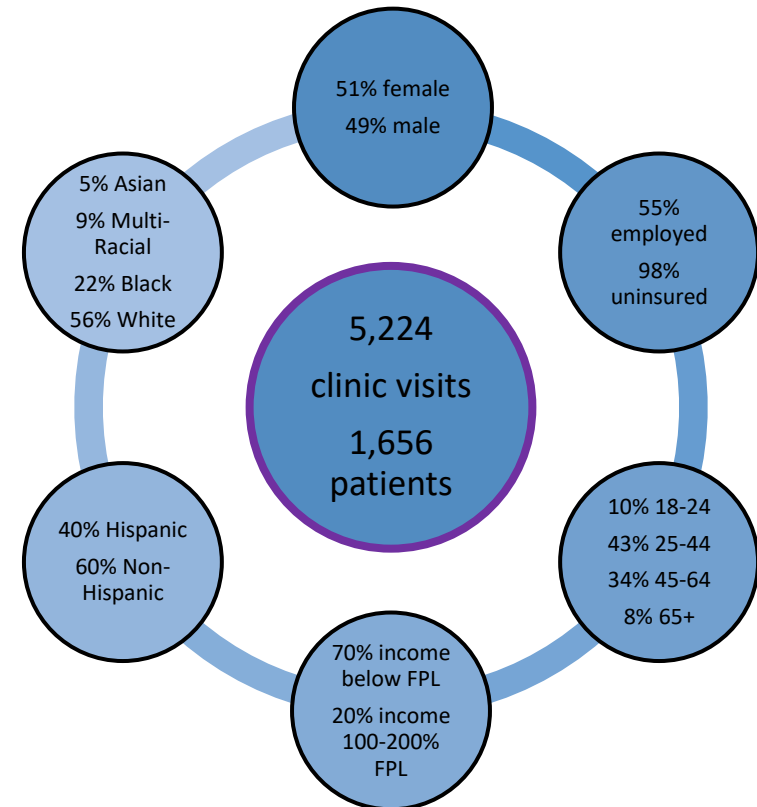
Expenses

<i>Clinic Operations</i>	<i>\$ 82,794</i>
<i>Payroll</i>	<i>\$ 317,437</i>
<i>Fundraising</i>	<i>\$ 7,161</i>
<i>Mortgage</i>	<i>\$ 19,768</i>
<i>Total Expenses</i>	<i>\$ 427,160</i>

Net Income *\$ 67,804*

Patient Demographics FY2017

In FY2017, the Free Clinics provided a comprehensive range of services for a diverse and low income population, who must often choose between healthcare and other basic needs such as housing, food and utilities.



Patient Guide and Receptionist Volunteers

FISCAL YEAR 2017 DONORS

Gifts of \$100 and higher

**** Friday After Clinic Sponsor**

\$10,000 or more

Hills Bank and Trust Company

\$5,000 - \$9,999

Community Foundation of Johnson County

Corridor Endodontics **

Lyckholm, Laurie

Tewfik, Hamed and Ferial

U of I Community Credit Union

\$2,500 - \$4,999

Mehegan, John and Geyer, Pamela

Schultz, Dale and Silliman, Emily

Steindler Orthopedic Clinic **

Westefeld, John and Liddell, Deb

\$1,000 - \$2,499

Abboud, Doris and Francois

Anonymous

Bradley & Riley, PC **

Brooks, Bob and Ruggenberg, Mark

Brown Street Inn **

Byler, Peter and Meghan

Caplan Family Foundation

Champion, Craig and Connie

Davidson, Jay

Engelhardt, John and Margaret

ENT Medical Services **

The Haunted Bookshop

Iowa City Host Noon Lions Club

Kinsey, Kenneth

Kleiber, Charmaine and Paul

Leary, Daniel and Martin, Janine

Lensing Funeral Services **

Meardon-Orvis, Aimee and Jeff

Merryman, Don

"The care I've received from the Dental Clinic has been incredible. I haven't had a dental exam and cleaning for a long time. I know how important dental care is but I just can't afford it. Thank you for helping me and so many people."

FMC patient

Nowak, Art and Ginger

O'Meara, Brian

Ovrom, Fred and Connolly, Maureen

Palasek, William and Barbara

Perkins, Dick and Nancy

River City Dental Care **

Rockwell Collins **

Rohrbach Associates, PC **

Schlechte, Janet

Schuster, Chris

Schwab, Dick and Burford, Katherine

Showers, Ann and Jeremy

Tomasini, Wallace

Towncrest Dental **

Toyota Scion **

Unitarian Universalist Society

University District Dental Society **

\$500 - \$999

Allen, Charles and Judith

Apex Construction

Atkinson, Kendall and Alice

Buresh, Chris and Ginny

Burma, Molly and Wilson, Mike

Burroughs Welcome Fund

Collison, James

Connett, Meghan

Connors, Ann and Fesenmeyer, Thomas

Cross Medical Labs

Felder, Judith

Fields, Marty

First United Methodist Church

Furman, Sherri

Heineman, Lisa

Houseworks

Kenne, Lynette

Longhurst, Don and Sue

Mark, Allyn

McCartney, David

Mendoza-Shelton, Sarah

Midwestone Bank

Moreno, Edward and Carol

Norton, Carrie

Old Capitol Kiwanis

Perino, Ann

Peters, Christopher and Julie

Poulakos, Carolyn

Pratt, Jim and Mary

Reimer, Liana and Cortner

RPC Charitable Foundation

Sato, Yutaka and Rebecca

Schoelerman, Deb and Pomrehn, Paul

Sohn, Elliot

Stock, Suzanne

Thomas, Christie and Sarah

Weiner, Teresa and George

Welsh, Michael and Anne

Wilson, Mark

I've gone to the Clinic for several years Every time I'm there I receive great care and feel welcome. It's hard to explain how much that means. Thank you all for taking such good care of me. "

FMC patient

"I came to the Clinic because my ears hurt and I thought I had an infection. But when I was here the doctor found out I also have diabetes. They ran a lot of tests and got me started on medicines. I don't know what would have happened to me if the Clinic wasn't here. There's nowhere else for me to go. I am so thankful for everyone who helped me."

FMC patient

\$250 - \$499

A.W. Welt Ambrisco
Abraham, Molly and Walz, David
Agape Family Chiropractice, LLC
American Association of Women Dentists
Bouska, Carol
Brenner, Doug
Burton, Richard and Ann
Chandler, Linda
Coral West Dental
Corbin, Karen and Cahill, Kathleen
Downer, Bob and Jane
Durian, Kelly
Eisenhofer, Catharine
Elson, Marygrace and Schroeder, Don
Engeldinger, Jane and O'Hara, Michael
Flemming, Andrea
Hornick, Douglas
Hovland, Michael and Jones, Nancy
Iowa City Dental Wives
Johnson, Lisa and Hans
Kittrell, Tracy
Klink, William and Judith
Krug, David
Kuehn, Carly
Link, Tony and Jeannie
Longwell, Abigail
Luhman, Lowell and Joan
Lynch, Nancy
Manderscheid, JoAnn
McGrath, Jessica
Meyer, Katy
Miller, Charlie and Finnegan, Eileen
Miller, Jennifer and Gwilliam, Dai
Newman Catholic Student Center
Norris, Cecilia and Andrew
Olthoff, Nancy and Harry
Perrin, Marlene
Peterson, Barb and Phil
Ryan, Theresa

"The Free Clinic volunteers are so caring. It made my experience as a patient so comfortable. And to get my medicine was such a relief -- thank you all."

FMC patient

"Even though I haven't been seen as a patient at the Clinic, I was having trouble affording my medications. The clinic's nurse helped me find the most affordable options and I was able to buy all my medications thanks to her."

FMC patient

Salemink, James
Sanctuary Community Church
Scheels
Schmidt, Michael and Hanson, Gail
Sivitz, William and Karen
Sjolund, Richard and Rina
Sorensen, Travis Robert
Squire, Sue
St. Mark's UMC
Strohmer, Gerhard
Stumpf Construction
Thayer, David and Judy
Waldron, David and Judy
Walton, Richard and Laura
Woodhead, Jerold and Andrea
Wright, Ben

\$100 - \$249

Abbas, Janet and Paul
Abel, Dean
Allaire Household
Alward, Wallace and Kazuko
Andrews, Marcia
Angerer, Kent and Loretta
Arpey, Chris and Diana
Ashman, Robert and Clair
Babor, Terry
Baldes, Bradley and Janice
Barloon, Julie and Davie
Bauer, Patrick and Luzzie, Christine
Beaumont, Barbara
Benevity Community Impact Fund
Bergus, George and Rebecca
Boyd, Willard and Susan
Boysen, David
Brodsky, Barbara
Brown, Wendy
Burke, Kay
Burkholder, Nancy
Cadwallader-Howe, Jane
Cannon, Carolyn
Carroll, Charles and Geist, Lois
Carter, Tom and Strafford, DeeDee
Catalano Household
Clausen, Darlene
Clothier, Elizabeth
Colloton, John and Mary Ann
Conger, James
Cowen, Howard
Cox, Lois and Jeff
Cretzmeyer, Margaret
Croco, Matthew
Dameron, Graham and Maggie
Denegy, Gerald
DeProse, Carol
Martin Diaz Law Firm

Dull, Geri
Durkee, Michael
Elliott, Bob and Maggie
Ettinger, Ronald and Sonia
Farinelli, Catherine
Felling, Chuck and Margaret
Ferguson, Richard
Fowles, Don and Dorothy
France, Nona
Frankel, Anne and Joe
Frisch, LuAnn
Frye, Susan and Kienzle, Michael
Garmager, Kirk and Ann
Gellhaus, Tom and Melanie
Gloria Dei Women of the ECLA
Goldenstein, Jeff and Ingrid
Goldsmith, Gordon and Henryson, Sara
Goldstein, Helen
Grady, Tim
Grey, Joanne
Hand, Jed and Patricia
Harris, Shannon
Haste, Julester

"The Free Clinic has been here for me during some hard times. I've thanked you before but I want to say thank you again. I really appreciate all that you do for me -- the excellent care, the medications, and your kindness. All of it makes such a difference."

FMC patient

\$100 - \$249 (continued)

Haugland, Ann
Hawkins, Benny and Marie
Hawn, Sher
Hines, Bill and Jean
Hirsch, Mary
Hopkins, Linda and Nathan
Hubel, Kenn and Jan
Hunsicker, Larry and Carol
Jackson, Robert and Mary Nell
Jacobs, Kathy
Jacobsen, James
Jakobsen, James and Jane
Johnston, Mary
Joy, Susan
Judge, Anne
Kenne, Kimberly and Furman, Matthew
Kent, Kristen
Kikendall, James and Kathleen
Kitzmann, Tricia
Kopping, Linda
Kramer, John and Friedman, Jan
Krutsinger, Linda
Langguth, Brad
Lauderbaugh, Arnold and Verlee
Laughlin, Mary and Swartz, Roger
Lembke, Val and Lois
Lentz, Steven
Lewis, Sylvia and Carr, Al
Luneckas, Tony
Lynch, Chuck and Karen
Mackay, Margaret
Majusiak, James
Maxwell, John
Mellon, Sharon
Menezes, Arnold and Meenal
Merchant, James and Mary
Michael, Robert
Moeller, Audrey
Murray, Sally

"I've had joint pain since last May but I couldn't afford to see a doctor. I came to the Free Clinic last week because it was getting worse and I was getting worried. They found out I have Lyme disease and now I'm taking the right medication. I'm so glad the Clinic is here – thank you for helping me and so many other people."

FMC patient

Nassen, Ansuya
Nelson, Margaret and Ted
Niemeyer, Mary Fran
Novick, Naomi
Nowysz, Stephanie
Olin Jr., William
Otto, Jenny and Gary
Paige, Jack
Parker, I.R.
Perrinjaquet, PJ
Ponto, Laura
Powers, Jason
Price, Steven
Randak, Christoph and Leigh Ann
Reed, Chuck
Rembolt, Dick and Penny
Rosazza, John and Trudi
Rosenfeld-O'Tool, Sandra
Rubenstein, Peter and Linda
Rummelhart, John and Kristen
Rust, David and Smith, Joy
Sandler, Jayne and Mark

Scheckel, Stephen
Schilling, Margo
Scholz, Jill and David
Schuster, Pat and Steve
Segre, Lisa and Alberto
Smith, Sharon
Southard, Thomas and Karin
Spaziani, Carol
Stanley, Corrine
Stiles, Brad and Tricia
Syed, Nasreen
Thayer, Keith and Nancy
Thiel, Elizabeth
Thompson, Carol
Tiedt, Daniel and Pamela
Tripp-Reimer, Toni
Trouten, Jon
Vandenberg, Byron and Anne

Van Dyke, Don and Su, Honguin
Versgrove, Mary Beth
Walker, Joey
Wallace, Pete and Kathy
Wallace, Bob and Maureen
Walters, Jim and Christine
Westemeyer, Blaine
White, Stanley and Janet
Wicklund, Gary and La Donna
Wieland, Ronnye and Dennis
Willis, Elizabeth
Wilson, Mary
Wolfe, Steven and Jean
Wolfson, Sherwood and Sara
Wollard, Deb
Yunker, Joseph
Zeitler, Rodney and Deborah
Zhu, Daming

HOW YOU CAN HELP

Annual Holiday Letter

Memorial Gifts

Automatic Monthly Donations

Cash Gifts through PayPal on our Website

Fundraising Events

for additional information, please contact the Clinic at 319-337-4459

Iowa City Free Clinic Board of Directors

Brad Langguth, Chair
Linda Kopping, Vice-Chair; Secretary
Brandon Keese, Treasurer
George Bergus
Jane Dohrmann
Jane Engeldinger
Marty Fields
Sherri Furman

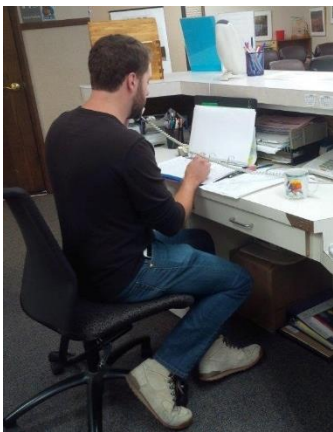
Ann Haugland
John Heineman
Richard Perkins
Ann Rhodes
Chris Schuster
Gayle Walter
John Westefeld
Joe Younker



Iowa City Free Clinic Staff

Barbara Vinograd, Executive Director
Cecilia Norris, Medical Director
Stacy Wilkerson, Director of Clinic Operations
Jennifer Beltran, Clinic and Volunteer Manager
Nolan Schneider, Office Coordinator
Gail Emmert, Pharmacy Assistant

Mike Catney, Staff Nurse
Jane Walker, Bookkeeper
Whitney Tate, Dental Asst.
Shawna Leonard, Dental Asst.
Yolanda Jimenez, Hygienist



Nolan, Office Coordinator



Jen, Clinic and Volunteer Manager

***Iowa City Free Medical and Dental Clinic
2440 Towncrest Drive
Iowa City, IA 52240***

The Free Clinic is a tax-exempt organization under section 501(c) (3) of the Internal Revenue Code.

The Free Clinic welcomes your financial support of our mission; your contributions are tax deductible.

THANK YOU FOR YOUR SUPPORT!!